

RFSS PSHE

SUPPORT SHEETS FOR PARENTS AND CARERS

Topic being delivered to year 10s



ONLINE PORNOGRAPHY Students will be learning:

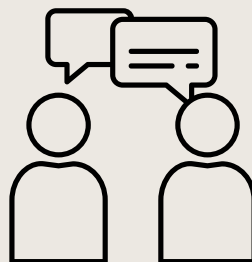
- **That pornography can show a stereotypical portrayal of relationships, bodies, gender and sex.**
- **Students will look at strategies for resisting pressure to view pornography.**
- **Students will be shown where they can go to find reliable information about sex and relationships.**

It can be hard to know how to talk to your child about the risks of watching online porn. Advice from charities such as NSPCC or Childline can help you explain the risks to your child, prevent them from watching porn, and know what to do if your child has received, been shown or discovered explicit or upsetting content online.

What we are doing in school

Students need to learn about to understand the potential impact of the portrayal of sex in pornography and other media, including on sexual attitudes, expectations and behaviours. As outlined in the PSHE curriculum

We cover this topic through a PSHE workshop with trained staff.



Signposting

Brook: A sexual health and well-being charity for under 25s which offers information, support and guidance for young people on anything from sex and relationships to gender and sexuality. They also provide resources for schools - www.brook.org.uk

FPA: A sexual health charity who give straightforward information and support on sexual health, sex and relationships to everyone in the UK - www.fpa.org.uk

Stonewall: An LGBT charity who offer support to anyone on issues like gender, equality and sexuality and free educational resources for schools - www.stonewall.org.uk

Childline: 0800 11 11 – A service that allows young people to talk to someone anonymously without judgement via chat, or via phone, on whatever issue they would like. A lot of helpful support and advice is on their website – www.childline.org.uk

Childline YouTube channel: Childline have produced a series of videos called 'Voice Box' (www.youtube.com/user/childline) which cover issues like **consent** (youtu.be/jM_2hiSikAQ)

The Mix: 0808 808 4994 – A charity which offers essential support to under 25s on anything from embarrassing problems and weird questions to please-don't-make-me-say-it-out-loud thoughts - www.themix.org.uk

YoungMinds: This website has lots of information for young people about their well-being and mental health, and also has information for teachers and parents – www.youngminds.org.uk

FURTHER ADVICE

If you want to empower yourself more to understand this topic further, we would recommend reading this website: NSPCC



or Childline

