

Term 1a: Looking After Yourself & Beyond

Term 1b: RSHE - Being safe in all parts of my life

Term 2a: RSHE - Being safe in all parts of my life

Term 2b: Worldview – Crime and punishment

Term 3a: Positive Mental Health & Wellbeing

Summary / Rationale: in year 10 we are wanting our students to start looking outwards as well as inwards. Knowing about issues occurring around the world and testing their own thoughts and opinions on global matters. This is a year to help them to challenge their own views and opinions. We want students to feel they have a toolbox of strategies to help them manage their own physical and mental wellbeing, including lifestyle changes that will have a positive impact on them. Their knowledge on how to keep safe, their human rights and how school prepares us for life as an adult to have a positive impact in our community

Summary / Rationale: Within year 11 the focus is heavily around preparing them for life after school, as an adult who needs to be fully functional within the wider community and active moral citizens. They need to know how choices they make impact their own health, they need to know how they choose to treat people will impact the person they become. They will learn about families and what information they need or where to turn in the future when they want their own family. The final focus will be a reminder on strategies to use to help with mental health especially in the lead up to exams.

Term 1a: UK & Global Citizenship Issues

Term 1b: Mental Health & Wellbeing

Term 2a: Violence, Crimes & Seeking Safety - Project

Term 2b: RSHE – Keeping myself safe including when being intimate

Term 3a: RE BLOCK OF WORK

Term 3b: Fundamental British Values

Term 1a: Making Choices In My Life - my values

Term 1b: Options and next steps

Term 2a: RSHE – Sex the law and consent #1

Term 2b: RSHE – Sex the law and consent #2

Term 3a: Social & emotional literacy – managing my emotions

Term 3b: PREVENT & Combating Terrorism

Summary / Rationale: Year 9 is a big step in students lives, where they make decisions about their next few years. This year allows us to educate and empower students on the different steps, pathways, career options, equipping them with skills that will help them to made choices that reflect their wants and wishes. At a time where there will be lots of changes, physically, emotionally and socially we want students to know how to boost their own self-concept and how they can take control of their life when they feel things are going a bit bumpy.

Summary / Rationale: Year 8 see's our students gain a greater depth of knowledge about drugs and addictive substances, including consequences and risks. They are introduced to politics and parliament which helps develop their own values and views on what is important to them. RSHE will empower them further on knowledge of their own body and their rights. They learn about the risks and threats that can occur within society and know signs to look out for to keep themselves safe. They will then be introduced into start considering their next steps in life, being encouraged to be curious and thoughtful about their options.

Term 1a: Drugs Awareness

Term 1b: Health and Wellbeing

Term 2a: All about me – RSHE #1

Term 2b: All about me – RSHE #2

Term 3a: First Aid - project

Term 3b: Careers & Next Steps

Term 1a: Where Do I Fit In?

Term 1b: Friendships, Respect & Relationships

Term 2a: All about me – RSHE #1

Term 2b: All about me – RSHE #2

Term 3a: How I view the world

Term 3b: Protecting my Health and Wellbeing

Summary / Rationale: Year 7 PSHE sets out to develop our students knowledge of the community and culture around them and where they fit in within that. We aim to help students be confident with their identity and who they are, as well as how to support and develop positive relationships with those around them. Students will develop their knowledge of RSHE through age appropriate content. We want year 7s to be empowered in how to be safe in all aspects of their life.

