

Rugby Free Secondary School: Home Learning Summary (Term 1 2025-26)

Subject	Food and nutrition / Hospitality and catering
Director of Learning	Elaine Clarke
Date Range	Half-Term 1: Monday 8th September 2025 - Friday 24th October 2025

Year Group	Year 7	Year 8	Year 9	Year 10	Year 11
Topic	Health and safety and Nutrition	Food choice	Food and the environment	Food science (F&N) Commercial and non commercial (H&C)	NEA 1 coursework (F&N) NEA/ practical exam (H&C)
Home Learning Tasks	- Food Diary - Chef review	- Food choice diary - Allergen poster	- Key term research - Key questions	- Key questions - Knowledge checkers	- Knowledge checkers - NEA and exam preparation.
Format	Posted on Classcharts with submissions taken in lesson	Posted on Classcharts with submissions taken in lesson	Posted on Classcharts with submissions taken in lesson	Posted on Classcharts with submissions taken in lesson	Posted on Classcharts with submissions taken in lesson

Support Mechanism	Templates provided were possible to help with outcomes	Templates provided were possible to help with outcomes	Templates provided were possible to help with outcomes	Links to revision guide pages and online resources to help	Links to revision guide pages and online resources to help
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