

Rugby Free Secondary School: Home Learning Summary (Term 1 2025-26).

Subject	PE
Director of Learning	Nick D'Arcy
Date Range	Half-Term 1: Monday 8th September 2025 - Friday 24th October 2025

Year Group	Year 7	Year 8	Year 9	Year 10	Year 11
Topic	N / A	N / A	N / A	GCSE PE: Cardiovascular System. Sport Studies: Sports Leadership and Performance.	GCSE PE: Health, Fitness and Well Being. Sport Studies: Sporting Performance.
Home Learning Tasks				• Exam question from exam question booklet • Revision of a topic of their choice, evidence in revision exercise book.	• Exam question from exam question booklet • Revision of a topic of their choice, evidence in revision exercise book.

				• Exam question from exam question booklet • Revision of a topic of their choice, evidence in revision exercise book. Sport Studies: • Leadership session evaluation • Research task on main skills/techniques, tactics and strategies of their sport.	• Exam question from exam question booklet • Revision of a topic of their choice, evidence in revision exercise book. Sport Studies: • Complete paragraphs on their strengths in their chosen sport. • Complete paragraphs on their weaknesses in their chosen sport.
Format				GCSE PE: Written. Question booklet and revision exercise book. Sport Studies: Word Processed leadership session evaluation [as part of coursework]. Word processed research task to aid	GCSE PE: Written. Question booklet and revision exercise book. Sport Studies: Word Processed paragraphs on strengths and weaknesses .

				completion of next topic of coursework.	
Support Mechanism				GCSE PE: Written or verbal feedback on exam questions. Teacher available via email to support if needed. Sport Studies: FAR feedback sheet on leadership session evaluation/Student friendly checklist to support completion of skills research task	GCSE PE: Written or verbal feedback on exam questions. Teacher available via email to support if needed. Sport Studies: FAR feedback sheet on Strengths / weaknesses paragraphs. Student friendly checklist to support completion of paragraphs. Model answers.