



Rugby Free Secondary School: Specialist Resource Provision Core Offer 2025-26

Summary:

At Rugby Free Secondary School, the Communication and Interaction (C&I) Specialist Resource Provision and the Social, Emotional and Mental Health (SEMH) Specialist Resource Provision are designed to provide highly personalised support alongside a strong academic curriculum. Our aim is to blend academic progress and attainment with meaningful preparation for life and adulthood, ensuring every student develops the knowledge, skills, confidence and independence needed for their future.

Our Core Curriculum Offer:

All students within the SRPs access a broad and ambitious curriculum that includes the following core subjects:

- English Language
- English Literature
- Mathematics
- Combined Science
- Geography
- Religious Studies
- PSHE (Personal, Social, Health and Economic Education)
- Physical Education

These subjects provide a strong foundation in literacy, numeracy, scientific thinking, cultural understanding, and personal development.

Social, Emotional and Mental Health (SEMH) SRP:

The SEMH SRP provides specialised support for students whose social, emotional or mental health needs impact their learning. Our approach is relational, trauma-informed, and anchored in therapeutic principles. The provision focuses on:

- Emotional literacy and self-regulation
- Relationship building and resilience
- Mental health support and pastoral care
- Positive behaviour strategies

• Skills for life, wellbeing and future independence

Students receive a nurturing and consistent environment in which they can thrive, rebuild confidence, and re-engage positively with their learning.

Across both SRPs, our commitment remains the same: to ensure students achieve academically while developing the essential skills for adulthood and lifelong wellbeing.

We strive to provide a curriculum and environment where every learner can progress, participate, and prepare for a successful future.

