



Rugby Free Secondary School: Home Learning Summary (Term 2 2025-26).

Subject	PE
Director of Learning	Nick D'Arcy
Date Range	Half-Term 3: Monday 5th January – Friday 13 th February

Year Group	Year 7	Year 8	Year 9	Year 10	Year 11
Topic	N / A	N / A	N / A	<p>GCSE PE:</p> <ul style="list-style-type: none"> • Respiratory and energy systems. <p>Sport Studies:</p> <ul style="list-style-type: none"> • Outdoor and Adventurous Activities 	<p>GCSE PE:</p> <ul style="list-style-type: none"> • Sports Psychology <p>Sport Studies:</p> <ul style="list-style-type: none"> • Contemporary Issues in Sport / Sport log books
Home Learning Tasks	<ul style="list-style-type: none"> • • 	<ul style="list-style-type: none"> • • 	<ul style="list-style-type: none"> • • 	<p>GCSE PE:</p> <ul style="list-style-type: none"> • Exam question from exam question booklet • Revision of a topic of their choice, 	<p>GCSE PE:</p> <ul style="list-style-type: none"> • Exam question from exam question booklet • Revision of a topic of their choice,

				<p>evidence in revision exercise book.</p> <ul style="list-style-type: none"> • Exam question from exam question booklet • Revision of a topic of their choice, evidence in revision exercise book. <p>Sport Studies: Research on REGIONAL places you can do: BMX / Rock Climbing / Sailing.</p> <p>Research on NATIONAL places you can do: BMX / Rock Climbing / Sailing.</p> <p>Research on the equipment and clothing needed for BMX/Rock Climbing/Sailing</p>	<p>evidence in revision exercise book.</p> <ul style="list-style-type: none"> • Exam question from exam question booklet • Revision of a topic of their choice, evidence in revision exercise book. <p>Sport Studies: Word Processed Log Books for 2 x sports and 1 x action plan</p> <p>Exam questions and revision tasks.</p>
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Format				<p>GCSE PE: Written. Question booklet and revision exercise book.</p> <p>Sport Studies: Word Processed work on research. Word processed research task to aid completion of next TA of coursework.</p>	<p>GCSE PE: Written. Question booklet and revision exercise book.</p> <p>Sport Studies: Word Processed Log Books .</p>
Support Mechanism				<p>GCSE PE: Written or verbal feedback on exam questions. Teacher available via email to support if needed.</p> <p>Sport Studies: FAR feedback sheet on Coursework Checklists Sentence Starters Thursday after school catch up sessions Monday and Wednesday lunch catch up sessions</p>	<p>GCSE PE: Written or verbal feedback on exam questions. Teacher available via email to support if needed.</p> <p>Sport Studies: Student friendly checklist to support completion of exam questions Model answers. Thursday after school sessions to support completion of coursework / log books</p>