

**Rugby Free Secondary School: Home Learning Summary (Term 2 2025-26).**

<b>Subject</b>	PE
<b>Director of Learning</b>	Nick D'Arcy
<b>Date Range</b>	Half-Term 3: Monday 5th January – Friday 13 <sup>th</sup> February

Year Group	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Topic</b>	N / A	N / A	N / A	<b>GCSE PE:</b> <ul style="list-style-type: none"> <li>Respiratory and energy systems.</li> </ul> <b>Sport Studies:</b> <ul style="list-style-type: none"> <li>Outdoor and Adventurous Activities</li> </ul>	<b>GCSE PE:</b> <ul style="list-style-type: none"> <li>Sports Psychology</li> </ul> <b>Sport Studies:</b> <ul style="list-style-type: none"> <li>Contemporary Issues in Sport / Sport log books</li> </ul>
<b>Home Learning Tasks</b>	<ul style="list-style-type: none"> <li></li> <li></li> </ul>	<ul style="list-style-type: none"> <li></li> <li></li> </ul>	<ul style="list-style-type: none"> <li></li> <li></li> </ul>	<ul style="list-style-type: none"> <li>Exam question from exam question booklet</li> <li>Revision of a topic of their choice,</li> </ul>	<ul style="list-style-type: none"> <li>Exam question from exam question booklet</li> <li>Revision of a topic of their choice,</li> </ul>

				<p>evidence in revision exercise book.</p> <ul style="list-style-type: none"> <li>• Exam question from exam question booklet</li> <li>• Revision of a topic of their choice, evidence in revision exercise book.</li> </ul> <p><b>Sport Studies:</b> Research on REGIONAL places you can do: BMX / Rock Climbing / Sailing.</p> <p>Research on NATIONAL places you can do: BMX / Rock Climbing / Sailing.</p> <p>Research on the equipment and clothing needed for BMX/Rock Climbing/Sailing</p>	<p>evidence in revision exercise book.</p> <ul style="list-style-type: none"> <li>• Exam question from exam question booklet</li> <li>• Revision of a topic of their choice, evidence in revision exercise book.</li> </ul> <p><b>Sport Studies:</b> Word Processed Log Books for 2 x sports and 1 x action plan</p> <p>Exam questions and revision tasks.</p>
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Format				<p><b>GCSE PE:</b> Written. Question booklet and revision exercise book.</p> <p><b>Sport Studies:</b> Word Processed work on research. Word processed research task to aid completion of next TA of coursework.</p>	<p><b>GCSE PE:</b> Written. Question booklet and revision exercise book.</p> <p><b>Sport Studies:</b> Word Processed Log Books .</p>
Support Mechanism				<p><b>GCSE PE:</b> Written or verbal feedback on exam questions. Teacher available via email to support if needed.</p> <p><b>Sport Studies:</b> FAR feedback sheet on Coursework Checklists Sentence Starters Thursday after school catch up sessions Monday and Wednesday lunch catch up sessions</p>	<p><b>GCSE PE:</b> Written or verbal feedback on exam questions. Teacher available via email to support if needed.</p> <p><b>Sport Studies:</b> Student friendly checklist to support completion of exam questions Model answers. Thursday after school sessions to support completion of coursework / log books</p>