

TITLE – INFLUENCES ON RELATIONSHIP EXPECTATIONS (PAGE 12)

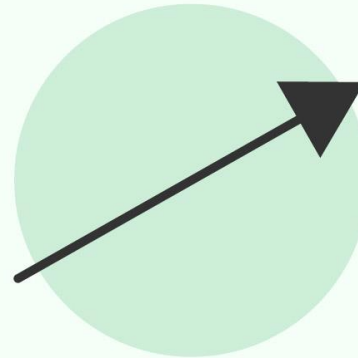
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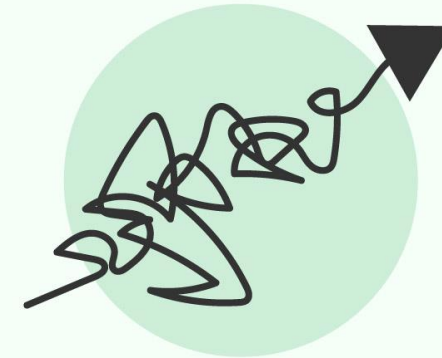
In today's lesson we will be able to:

- Justify my views around expectations in relationships
- Explain issues relating to the sharing of sexual images
- Explain how the media can distort relationship expectations

Expectation



Reality



TODAY'S
BIG
QUESTION

What are examples of
unrealistic expectations?



DISCUSSION
QUESTIONS FOR
TODAY

USE THE SPACE AT
THE BOTTOM
OF PAGE 12 TO
WRITE DOWN YOUR
IDEAS

How would you challenge
something that was unrealistic?

Would it differ depending on who
was asking you to do it?

- A friend
- A family member
- A teacher at school
- Your boyfriend/ girlfriend

Values – page 13

Read the statement and decide if you agree or disagree with it.

If you think it depends, write what you think it would depend on in the middle column on your sheet.

Agree

Depends on...

Disagree

Share your views with others and identify any points of disagreement.

Sending nudes (use post it notes or mini white boards for ideas feedback thoughts as a group)

Jasmin is 13. She met her partner, who is 15, online and they have been going out for three weeks.

She's sent them some pictures, but they keep hinting they'd like to see more of her body.



How might Jasmine be feeling?
What might Jasmine be thinking?



Sending nudges: advice

Work in groups to imagine you are a group of Jasmine's friends.

- What could you say to reassure Jasmine?
- What could you advise Jasmine to do?



Sending nudes

Taylor is 15. All their friends say they've had sex and have shared loads of sexy photos to prove it.

Taylor feels pressure to get photos from their partner to share too.



How might Taylor be feeling?
What might Taylor be thinking?



Sending nudes: advice

Work in groups to imagine you are a group of Taylor's friends.

- What could you say to reassure Taylor?
- What could you advise Taylor to do?



Comparing the scenarios

Jasmin is 13. She met her partner, who is 15, online and they have been going out for three weeks.

She's sent them some pictures, but they keep hinting they'd like to see more of her body.

Taylor is 15. All their friends say they've had sex and have shared loads of sexy photos to prove it.

Taylor feels pressure to get photos from their partner to share too.

Does anything strike you about the two scenarios?

TEACHER TO SET UP:

Display 4 sheets around the room with the following titles –

- sports and leisure time,
- clothing,
- job roles,
- behaviour and traits.

Students should draw and write any gender stereotypes or news stories on the sheets they are familiar with, along with an explanation of why such stereotypes or incidents are unacceptable.

For example, a person might suggest that jobs in the military should be done by men – this is outdated as women have worked successfully alongside men in combat situations for some time now, and since 2018 have been able to join in any role including those in the infantry which were previously restricted to men.

It is important to ensure that ground rules on offensive/prejudice-based remarks must be respected in this activity.

Gender expectation stereotypes

Using the titles around the room, draw and write any gender stereotypes or news stories you are familiar with.

Include an explanation of why such stereotypes or incidents are unacceptable.

Sports and
leisure time

Clothing

Job roles

Behaviour and
traits



Remember the ground rules: avoid offensive terms

Helping a friend – PAGE 14



Using the worksheet, offer advice and support to a friend.



Signposting support

If you would like further guidance or support:

- speak to a parent/carer, tutor, head of year, school nurse/counsellor or other trusted member of staff in the school

Visit:

- A Better Medway: www.abettermedway.co.uk
- Brook: www.brook.org.uk/help-advice
- Childline: www.childline.org.uk 0800 1111



REFLECTION

- **5 THINGS I'VE LEARNT/ UNDERSTOOD**
- List 5 points about sending nudes or the influence of the media (could be facts, consequences, legal issues etc.).
- Can you explain the law relating to the sharing of sexual images to a partner?

More activities

Video resources

Watch the film [Sending nudes ft. Beauty Spectrum](#) and discuss the issues raised. You could create a class list of reasons for and against sending nude images.





Complete your EXIT
TICKET questions on
page

These link to the key
knowledge you need
to know for this block
of work