

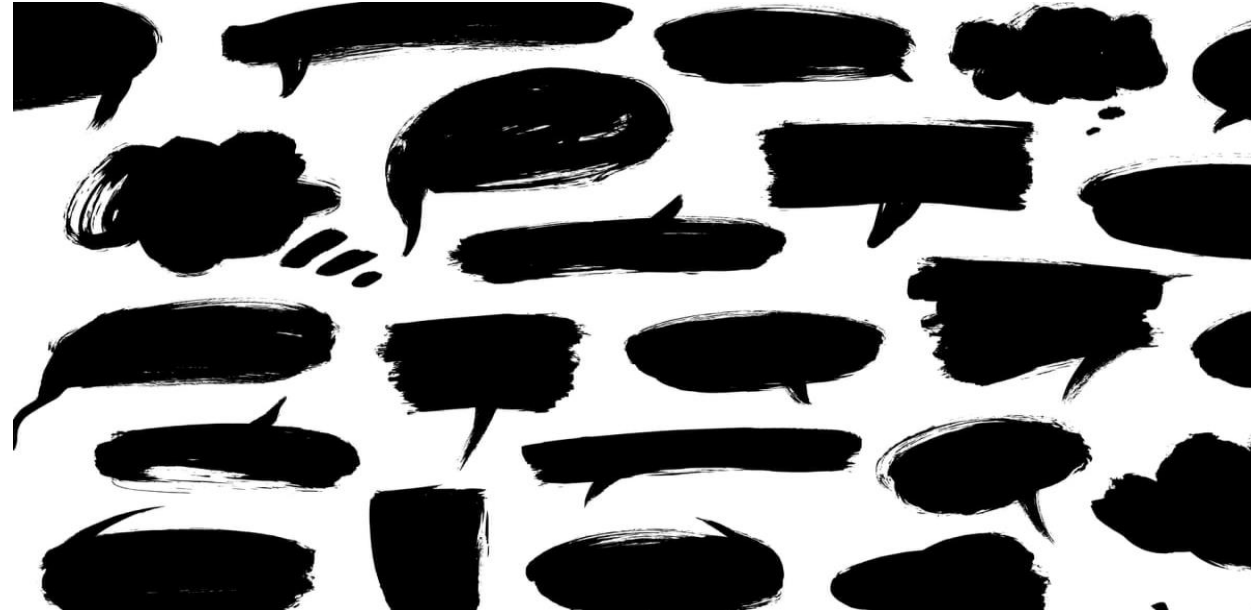
# TITLE – CONSENT AND BOUNDARIES

DATE:



## In today's lesson we will:

1. Discover what CONSENT actually is and why it should always be respected
2. Discuss and understand what is mean by personal space and boundaries and why this is important
3. Learn how to deal with situations in an assertive way



3 Minutes

TODAY'S  
BIG  
QUESTION

What are different things  
you would give consent for  
within your life?



DISCUSSION  
QUESTIONS FOR  
TODAY

USE THE SPACE AT  
THE BOTTOM  
OF PAGE 5 TO WRITE  
DOWN YOUR IDEAS

WHAT DOES THE WORD  
CONSENT ACTUALLY MEAN?

IS IT AS IMPORTANT AS  
PEOPLE SAY?



HAVE YOU EVER...

1. Been given a drink when you didn't ask for one
2. been tickled by someone and you didn't want them to do it
3. have you ever been asked for a hug goodbye by a family member and not wanted to do it, but felt you had to so didn't say anything?
4. had someone take something of yours that you didn't want them to have
5. Gone on a school trip and needed a permission slip?

Read It

**CONSENT**

Define It

permission for something to happen or agreement to do something.

Contextualise it:

Give examples of when CONSENT has to be used.

How do you know if consent has been given?

Draw It

Deconstruct and Link It

ALLOWANCE, AUTHORISE,  
PERMISSION, AGREE, COME ROUND,  
SUBSCRIBE, WARRANT

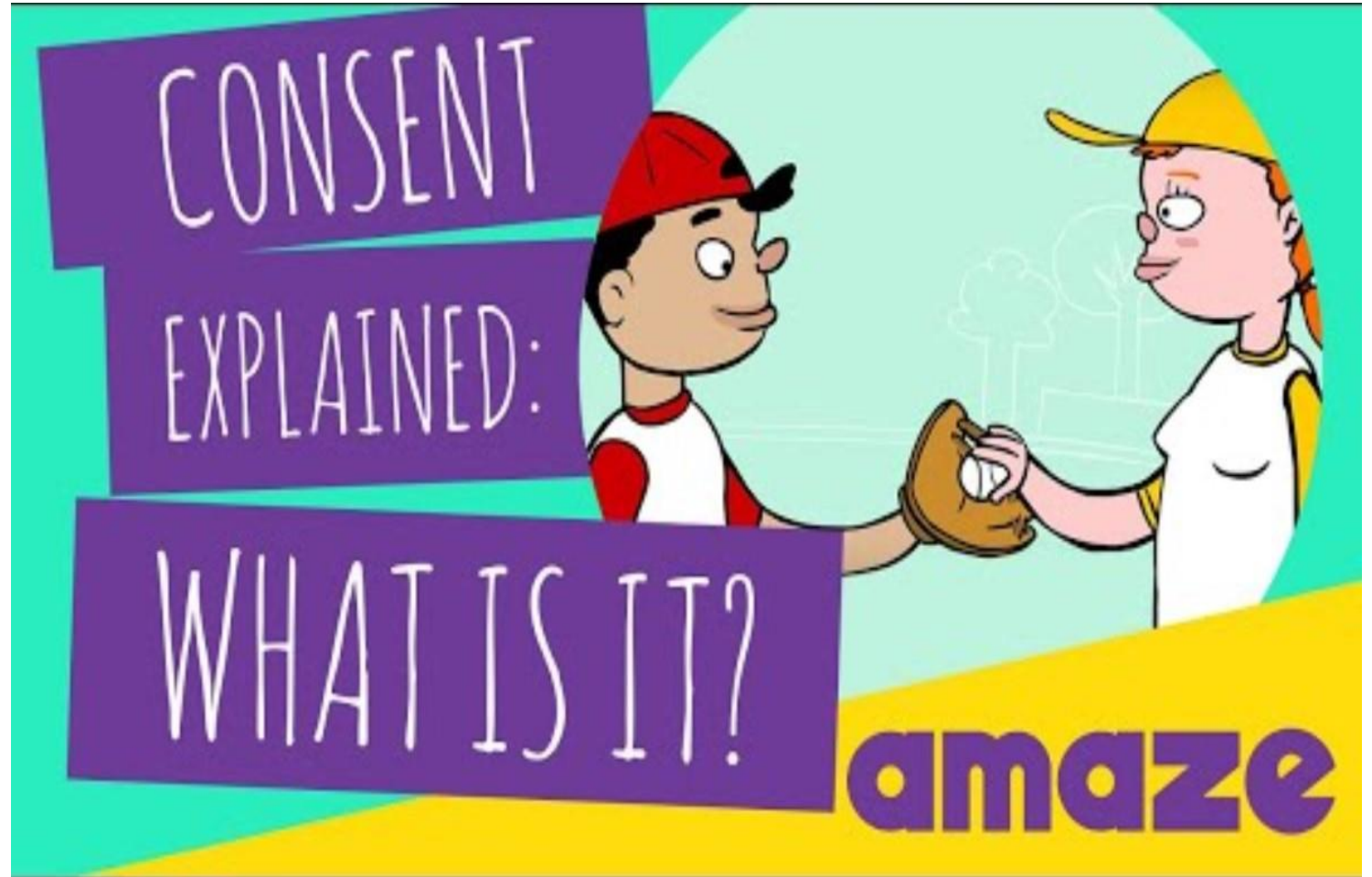
Use It

My example: 'You can't go on the trip until we receive CONSENT from your parents/carers'

You write a sentence:

# CONSENT EXPLAINED – IN A SEXUAL CONTEXT

- <https://www.youtube.com/watch?v=5vmsfhw-czA&t=47s>
- Let's have a look at what this means, it is easy to trivialize this word (*make it seem less important than it is*), but when it comes to sexual context it can come with serious consequences



## STUDENT KNOWLEDGE SO YOU KNOW!

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### Important Message About Choice and Respect

- You should **never feel forced** to do something you don't want to do.
- If someone pressures you to do something that makes you feel uncomfortable, this is **not okay**. This is called **coercion**, even if the person is someone you know or trust.
- As you get older, relationships should always be built on **respect, fairness, and choice**. Everyone deserves to feel **safe and listened to**.
- **Consent** means giving clear permission. It must be given **freely**, and it can be **changed or taken back at any time**. If there is no clear consent, nothing should happen.



# What do you think it means when we say...

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"CONSENT MUST BE SOUGHT AND IT IS ROOTED IN MUTUAL RESPECT, EMPATHY AS WELL AS DIGNITY FOR THE OTHER PERSON."

To  
help  
you

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What do you think mutual respect means?

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What do you think empathy means?

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What do you think dignity means?

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Discuss first then write  
down your thoughts

**Why is asking someone  
for their  
consent important?**

**How would you feel if  
someone did something  
you didn't agree to?**





How to give  
consent and  
why it's  
important

**CONSENT**  
for  
KIDS

## REFLECTION POINT

### PAGE 8

- A) A friend offers you a vape
- B) Someone wants to hug you and you don't want to
- C) A stranger wants to buy you something or offer you a lift
- D) Your parents are pressuring you to wear a matching outfit to your siblings and you don't want to
- E) Your partner wants to move your relationship on to the next level and you feel uncomfortable

# What would you do?

Using your knowledge on consent and thinking about how to be assertive with your response, how would you respond in these different situations?

### **UDEAL** strategy to being assertive

- ✓ **U**se a reasonable voice
- ✓ **D**escribe the problem
- ✓ **E**xpress how you feel
- ✓ **A**sk for a specific change
- ✓ **L**ist the improvements



Complete your EXIT  
TICKET questions on  
page .....

These link to the key  
knowledge you need  
to know for this block  
of work