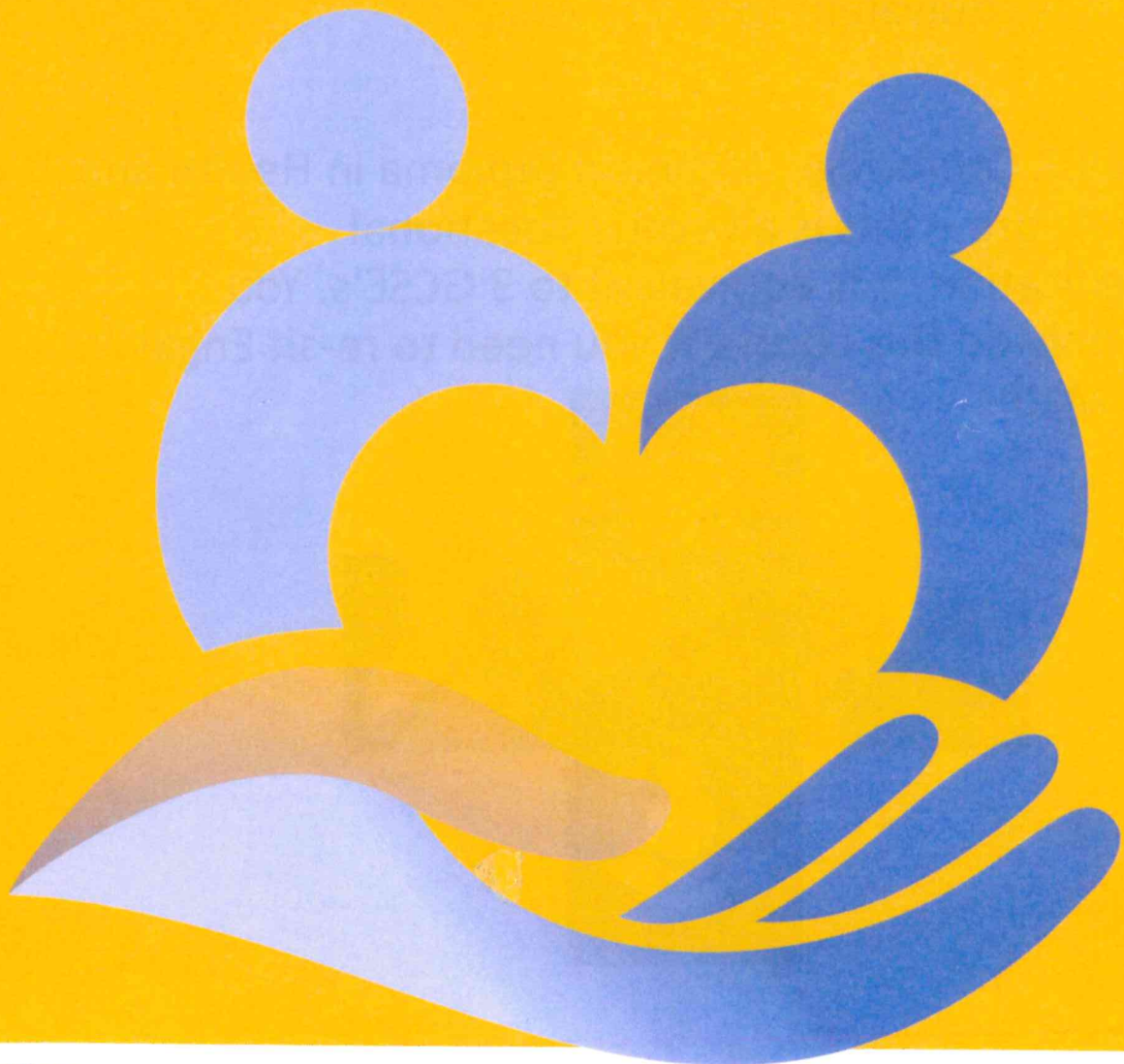


**AAQ PEARSON BTEC NATIONAL  
EXTENDED CERTIFICATE  
IN HEALTH & SOCIAL CARE**

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**STUDENT GUIDE**



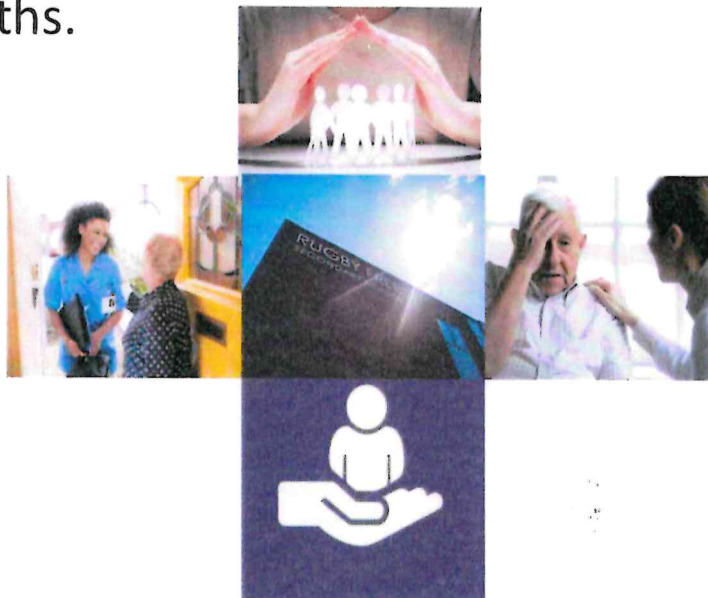
Student Name:

# At RFSS we offer 3 Health and Social Care courses within our Sixth Form.

1 – AAQ Health and Social Care (Pearson) - this is a Level 3 Vocational Qualification, and it is equivalent to 1 A Level.

2 – BTEC Diploma in Health and Social Care (Pearson) - this is a Level 3 Vocational Qualification, and it is equivalent to 2 A Levels.

3 – OCR Cambridge Technical Diploma in Health and Social Care – this is a Level 2 Vocational Qualification, it is equivalent to 3 GCSE's. You can only do this course if you need to re-sit English and Maths.



## Important information about the qualification

The AAQ Pearson BTEC National Extended Certificate in Health and Social Care aims to provide you with a broad understanding of various aspects of the health and social care sector. You will study three mandatory Units and one optional Unit.

The qualification is equivalent in size to one A Level, and you will take this qualification alongside other A Levels and/or AAQs.

This qualification requires you to explore some difficult topics, so it is important to ensure you are comfortable learning about the following:

- Diseases and disorders of the body, and their effect on physical and mental wellbeing to include:
  - Acquired brain injury
  - Cancer
  - Dementia
- Child protection and welfare
- Safeguarding
- Child abuse; physical abuse and injury, neglect, emotional abuse, sexual abuse, domestic abuse.



### Who is this qualification for?

This qualification is ideal for anyone who is interested in developing their knowledge of both human health and development and the health and social care sector. It will be of particular interest if you may be considering a career in this important field.

**Other subject areas that fit well with health and social care include:**

- Biology
- English
- Geography
- Psychology
- Sociology

When you have completed the qualification and dependent on your other options, you will have a range of progression pathways to choose from. These include moving on to employment, apprenticeship or further study at university in fields such as social care management, nursing, midwifery, social work and other health and social care related areas.





### What will I study?

In total, you will study four units. Your school/college will decide which Units you will take in Y12 and which Units you will take in Y13.

There are **three mandatory units** which are:

- **Unit 1:** Human Lifespan and Development
- **Unit 2:** Human Health and Biology
- **Unit 3:** Principles of Health and Social Care Practice

Your school or college will select **one additional unit** of study from the following list:

- **Unit 4:** Health, Policy and Wellbeing
- **Unit 5:** Promoting Health Education
- **Unit 6:** Safe Environments in Health and Social Care
- **Unit 7:** Health Science

You can learn more about each Unit later in this guide.

### How will I be assessed?

This qualification is assessed using external assessments (exams) and internal assessments (coursework). As the assessment is split 50/50 between exams and coursework, and you are permitted to resit the exams, this qualification is ideal for those that may find exams challenging or those that prefer coursework.

### How will I be graded?

For each externally assessed unit, i.e. Units 1 and 2, the marks you obtain in the exam are converted into UMS points. These points then determine your grade on this scale:



Each internally assessed unit, i.e. Units 3 through to 7, is graded on this scale below, with each grade being allocated a set number of UMS points:



The UMS points you achieve in each unit are added together to calculate your final qualification grade, which is graded on this scale:



**Notes:** You must achieve N (Near Pass) or higher on the externally assessed units. For more details on this, see page 11.

## Mandatory Units

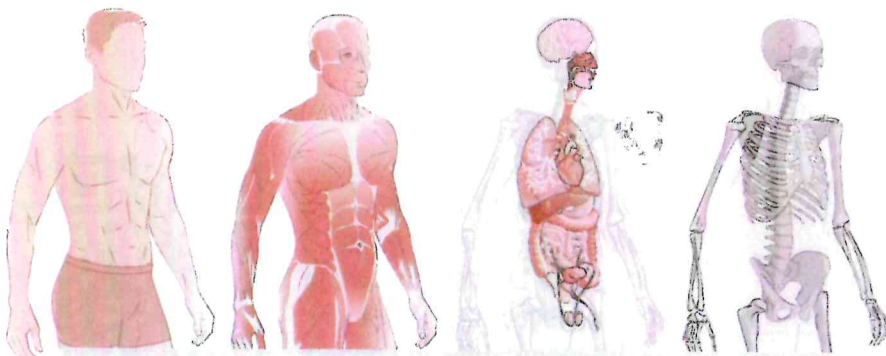
Unit 1: Human Lifespan and Development	
<b>Unit description</b>	<p><b>Content A: Human growth and development through the life stages</b> You will examine physical, intellectual, emotional and social growth and development across the human lifespan. You will develop an understanding of the relationship of the different areas of development and the effect they have on each other.</p> <p><b>Content B: Factors affecting human growth and development across each life stage</b> You will explore the interaction between biological and social factors in health and wellbeing. You will develop an understanding of how these factors can positively and negatively affect an individual's holistic growth and development.</p> <p><b>Content C: Health and social care promotion, prevention and treatment at different life stages</b> You will examine how health care professionals work together to provide effective care. This will include promoting healthy behaviours to prevent ill-health, and the role of specific professionals and services in treating prevalent health conditions.</p>
<b>Assessment method</b>	This Unit is <b>externally assessed</b> . You will sit a <b>90-minute exam</b> , with a total of 80 marks available. The exam will contain a mixture of multiple choice, short and extended response questions. A selection of topics from across all three Content areas (A, B and C) will be assessed. There are exams in Jan/Feb and May/June of each year – check with your school/college which exam series you will be entered for.
<b>Assessment outcomes</b>	<p><b>A01 Demonstrate knowledge</b> of physical, intellectual, emotional and social development across the human lifespan; factors affecting human growth and development, prevalent health conditions and the roles and responsibilities of individuals working in health and social care which underpin meeting the care and support needs of individuals.</p> <p><b>A02 Demonstrate understanding</b> of physical, intellectual, emotional and social development across the human lifespan; factors affecting human growth and development, prevalent health conditions and the roles and responsibilities of individuals working in health and social care which underpin meeting the care and support needs of individuals.</p> <p><b>A03 Demonstrate application of knowledge and understanding</b> of physical, intellectual, emotional and social development across the human lifespan; factors affecting human growth and development, prevalent health conditions and the roles and responsibilities of individuals working in health and social care which underpin meeting the care and support needs of individuals.</p> <p><b>A04a Analyse</b> how factors, health inequalities and prevalent health conditions interrelate to affect physical, intellectual, emotional and social development across the human lifespan; and how the roles and responsibilities of those working in health and social care meet the needs of individuals.</p> <p><b>A04b Evaluate</b> how factors, health inequalities and prevalent health conditions interrelate to affect physical, intellectual, emotional and social development across the human lifespan; and how the roles and responsibilities of those working in health and social care meet the needs of individuals.</p>
<b>Exam command words</b>	<p><b>A01/A02</b> <i>Identify:</i> Select key information from a given stimulus/resource. <i>Give/name/state:</i> Recall one or more key pieces of information.</p> <p><b>A02/A03</b> <i>Explain:</i> Make a point and then give a linked justification/exemplification of that point. The answer must contain some linked reasoning of how, what, when or why.</p> <p><b>A03/A04</b> <i>Assess:</i> Consider all the factors or events that apply and identify which are the most important or relevant; make a judgement on the importance of something and conclude where needed. <i>Discuss:</i> Consider different aspects of an issue, situation, problem or argument in detail, looking at how they interrelate. <i>Evaluate:</i> Consider various aspects or qualities of a topic/issue in relation to its context: strengths or weaknesses, advantages or disadvantages. Make a judgement supported by evidence which will often be in the form of a conclusion.</p>
<b>Unit grading</b>	<ul style="list-style-type: none"> <li>It is possible to be given a U (Ungraded), N (Near Pass), P (Pass), M (Merit) or D (Distinction) on this Unit.</li> <li>Your raw score will be converted to UMS points and these points will be used to determine your overall qualification grade.</li> </ul>
<b>Mandatory or optional?</b>	<ul style="list-style-type: none"> <li>This is a <b>mandatory</b> unit.</li> <li>You must achieve N or higher in this Unit to be eligible for an overall qualification grade.</li> <li>You can resit this assessment but no more than twice. Your highest grade will be used to determine your overall qualification grade.</li> </ul>
<b>Percentage of your final grade</b>	This Unit is weighted at 25%, so the UMS points you are given for this Unit, represent 25% of your final grade.

To get a feel for this unit, scan this QR code to go to a Mayor of London animation on YouTube, which looks at health inequalities in London.



## Mandatory Units

Unit 2: Human Health and Biology	
<b>Unit description</b>	<p><b>Content A: Organisation of the human body</b> You will examine the biological organisation of the human body into cells and tissues. You will develop an understanding of energy in the body and homeostatic mechanisms.</p> <p><b>Content B: Body systems</b> You will explore and understand the structure and normal physiological functioning of key body systems and their organs.</p> <p><b>Content C: Disorders of the body and effect on body systems</b> You will examine how a range of disorders can affect various body systems, including the primary and secondary effects on those systems.</p>
<b>Assessment method</b>	This Unit is <b>externally assessed</b> . You will sit a <b>90-minute exam</b> , with a total of 80 marks available. The exam will contain a mixture of multiple choice, short and extended response questions. A selection of topics from across all three Content areas (A, B and C) will be assessed. There are exams in Jan/Feb and May/June of each year – check with your school/college which exam series you will be entered for.
<b>Assessment outcomes</b>	<p><b>A01 Demonstrate knowledge</b> of the structure, organisation and function of the human body and common disorders that affect it.</p> <p><b>A02 Demonstrate understanding</b> of the structure, organisation and function of the human body and common disorders that affect it.</p> <p><b>A03 Demonstrate application of knowledge and understanding</b> of the structure and function of body systems to the primary and secondary effects of common disorders on those body systems.</p> <p><b>A04 Make connections</b> between the primary and secondary effects of common disorders and how they affect interlinked body systems.</p>
<b>Exam command words</b>	<p><b>A01/A02</b> <i>Identify/label:</i> Select key information from a given stimulus/resource. <i>Give/name/state:</i> Recall one or more key pieces of information.</p> <p><b>A02/A03</b> <i>Describe:</i> Provide an account of something for example stages of a process or highlight several key features of a given topic. <i>Explain:</i> Make a point and then give a linked justification/exemplification of that point. The answer must contain some linked reasoning of how, what, when or why.</p> <p><b>A03/A04</b> <i>Discuss:</i> Consider different aspects of an issue, situation, problem or argument in detail, looking at how they interrelate. <i>Evaluate:</i> Consider various aspects or qualities of a topic/issue in relation to its context: strengths or weaknesses, advantages or disadvantages. Make a judgement supported by evidence which will often be in the form of a conclusion.</p>
<b>Unit grading</b>	<ul style="list-style-type: none"> <li>It is possible to be given a U (Ungraded), N (Near Pass), P (Pass), M (Merit) or D (Distinction) on this Unit.</li> <li>Your raw score will be converted to UMS points and these points will be used to determine your overall qualification grade.</li> </ul>
<b>Mandatory or optional?</b>	<ul style="list-style-type: none"> <li>This is a <b>mandatory</b> unit.</li> <li>You must achieve N or higher in this Unit to be eligible for an overall qualification grade.</li> <li>You can resit this assessment but no more than twice. Your highest grade will be used to determine your overall qualification grade.</li> </ul>
<b>Percentage of your final grade</b>	This Unit is weighted at 25%, so the UMS points you are given for this Unit, represent 25% of your final grade.



To get a feel for this unit, scan this QR code to go to a YouTube animation from the Alzheimer's Society, which explains dementia.



## Mandatory Units

Unit 3: Principles of Health and Social Care Practice	
<b>Unit description</b>	<p><b>Learning Aim A: Understand the principles of health and social care practice which underpin meeting the care and support needs of individuals</b> You will examine the values, care approaches and communication skills used in the health and social care sector. You will explore key concepts to include confidentiality, duty of care and working with vulnerable groups.</p> <p><b>Learning Aim B: Examine how organisation, legislation and guidance inform practice in health and social care</b> You will explore how the health and social care sector is organised, including key legislation that informs this. You will develop understanding of the use of critical thinking skills for health and social care.</p> <p><b>Learning Aim C: Examine how social determinants affect the health status of individuals and the importance of equality, diversity and inclusion in practice</b> You will examine how social determinants of health influence health and wellbeing and access to services. You will develop knowledge of how health outcomes can be improved and how barriers to care can be overcome.</p>
<b>Assessment method</b>	<ul style="list-style-type: none"> <li>This Unit is <b>internally assessed</b>.</li> <li>You will be given a Pearson Set Assignment Brief containing <b>three tasks</b>, one per Learning Aim. For each task, a set of assessment criteria is given, covering Pass, Merit and Distinction.</li> <li>These tasks are set by the exam board, but they are marked by your teachers/lecturers against the provided assessment criteria. The marks are then externally verified (checked for accuracy by the exam board).</li> <li>You will be given time in school or college, as well as your own time, to prepare for and complete these tasks. <b>The estimated total time required for you to complete the three tasks is 12 hours.</b></li> <li>You must sign a declaration of authenticity to confirm that all the work you submit is written in your own words and not copied from or done with the help of teachers/lecturers, peers, textbooks, the internet or artificial intelligence (AI). You may use sources of information, but you should clearly reference these and paraphrase or write that information in your own words. It is recommended to keep the use of direct quotations very short, and they should be in quotation marks, and clearly referenced with page numbers and/or webpage and date accessed.</li> <li>You will submit your work to your teacher/lecturer for assessment and grading. When this has been done and you have received your grade and feedback, you may be given the chance to resubmit your evidence with improvements. If this is authorised, the improvements must be completed and submitted within 15 days.</li> </ul>
<b>Unit grading</b>	<ul style="list-style-type: none"> <li>It is possible to be given a P (Pass), M (Merit) or D (Distinction) on this Unit.</li> <li>For a Pass, all Pass criteria must be met in all tasks; for a Merit, all Pass and all Merit criteria must be met in all tasks; for a Distinction, all Pass, Merit and Distinction criteria in all tasks must be met.</li> <li>Your grade will be converted to UMS points and these points will be used to determine your overall qualification grade.</li> </ul>
<b>Mandatory or optional?</b>	<ul style="list-style-type: none"> <li>This is a <b>mandatory</b> unit.</li> <li>You must complete this Unit and be given an outcome (U to D), to achieve the qualification.</li> </ul>
<b>Percentage of your final grade</b>	This Unit is weighted at 25%, so the UMS points you are given for this Unit, represent 25% of your final grade.

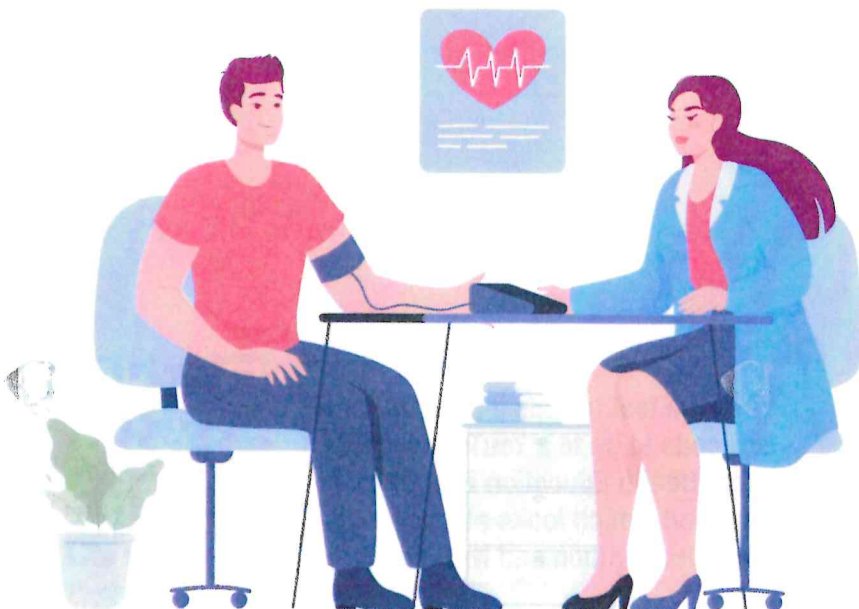


To get a feel for this unit, scan this QR code to go to a YouTube playlist from Health Education East of England, which looks at the NHS Constitution and NHS Values.



## Optional Units

Unit 5: Promoting Health Education	
<b>Unit Description</b>	<p><b>Learning Aim A: Understand the purpose of health education</b> You will examine the purpose of health education and how this supports the development of healthy behaviours for society. You will develop an understanding of how organisations and legislation can influence health education, promote wellbeing and have a positive impact on a range of health behaviours.</p> <p><b>Learning Aim B: Explore key issues and priorities for health and the factors that affect health and wellbeing</b> You will explore a range of issues and priorities for health at a local and national level, considering the impact that they have on individuals, their holistic health and wider society. You will also explore a range of factors that can affect health and wellbeing, with both positive and negative outcomes.</p> <p><b>Learning Aim C: Examine approaches to health education campaigns and their impact on health and wellbeing</b> You will investigate health education campaigns at an international, national and local level. You will explore the use of models and approaches in these campaigns to support behaviour change and will use this information to support your own planning of a health education event.</p>
<b>Assessment Method</b>	<ul style="list-style-type: none"> <li>This Unit is <b>internally assessed</b>.</li> <li>You will be given a Pearson Set Assignment Brief containing <b>two tasks</b>. Task 1 covers Learning Aim A and B; Task 2 covers Learning Aim C.</li> <li><b>The estimated total time required for you to complete the two tasks is 17 hours.</b></li> <li>The same rules for declaration of authenticity, assessment and resubmission apply as for Unit 3.</li> </ul>
<b>Unit Grading</b>	<ul style="list-style-type: none"> <li>It is possible to be given a P (Pass), M (Merit) or D (Distinction) on this Unit.</li> <li>For a Pass, all Pass criteria must be met in all tasks; for a Merit, all Pass and all Merit criteria must be met in all tasks; for a Distinction, all Pass, Merit and Distinction criteria in all tasks must be met.</li> <li>Your grade will be converted to UMS points and these points will be used to determine your overall qualification grade.</li> </ul>
<b>Mandatory or Optional?</b>	<ul style="list-style-type: none"> <li>This is an <b>optional</b> unit.</li> <li>If this is selected by your school/college as your optional Unit, you must complete this Unit and be given an outcome (U to D), to achieve the qualification.</li> </ul>



To get a feel for this unit, scan this QR code to go to a World Health Organization (WHO) video on YouTube, which explores the importance of health education.



# What could I study?

## BTEC DIPLOMA (double)

The Pearson BTEC Level 3 National Diploma in Health and Social Care accounts for two-thirds of a two-year, full-time study programme for learners who are intending to go onto further study in a related sector. It is intended as an Applied General qualification and is equivalent in size to two A Levels. The qualification supports access to a range of higher education courses, in health and social care disciplines, if taken alongside further Level 3 qualifications.

### What does this qualification cover?

The content of this qualification has been designed to ensure it supports progression towards higher study. In addition, employers and professional bodies have been involved in order to confirm that the content is also appropriate for those interested in working in the sector. Learners taking this qualification will study six mandatory units:

- Human Lifespan Development (Exam Unit Yr 12)
- Working in Health and Social Care (Exam Unit Yr 13)
- Meeting Individual Care and Support Needs (Coursework Unit Yr 13)
- Principles of Safe Practice in Health and Social Care (Coursework Unit Yr 12)
- Enquiries into Current Research in Health and Social Care (Exam Unit Yr 13)
- Promoting Public Health. (Coursework Unit Yr 13)

As well as 2 more optional units at RFSS we do:

- Unit 14 – Physiological Disorders and their Care, and
- Unit 12 – Supporting Individuals with Additional Needs

### During unit one (Exam), **Human Lifespan Development**, you will focus on:

- Understand the different influences on an individual's development and how this relates to their care needs.
- You will be introduced to the biological, psychological and sociological theories associated with human lifespan development.
- You will explore the physical effects of ageing and the theories that help to explain psychological changes.
- **How you will be assessed: this is a paper-based exam, that lasts for 1 hour 30 minutes, that is worth 90 marks. There is a variety of short- and long- answers. The questions are designed to test your knowledge on individual's development, the factors that affect this and the theories that explain this.**

### During unit two (exam), **Working in Health and Social Care**, you will focus on:

- You will be introduced to the roles and responsibilities of health and social care practitioners and the organisations they work for.
- You will see how a wide range of roles, including doctors, nurses, physiotherapists, occupational therapists, social workers, youth workers, care workers and other professionals, work together to ensure that the individual needs of vulnerable people are met.
- **How you will be assessed: this is a paper-based exam, that lasts for 1 hour 30 minutes and worth 80 marks. There will be four sections and include short- and long- answers. The questions are intended to assess your understanding of how health and care services who need professional support. Each section will relate to a different service user group, for example the frail elderly, people with learning disabilities, people with mental health problems or people with long-term illnesses.**

During Unit 4, **Research in Health and Social Care (completed in year 13)**, you will focus on:

The different research methods that can be used to gather information and the ethical issues that need to be considered. You will review research carried out into a contemporary issue in the sector, and will develop skills that will enable you to carry out your own secondary research into the issue. You will then consider how the research findings may benefit service users or improve practice, and make recommendations for further research. To complete the assessment task within this unit, you will need to draw on your learning from across your programme.

**How you will be assessed:** this unit is assessed by an exam that you will sit in the January of year 13. Students are given a research paper near the end of November, they then have to prepare and conduct secondary research on the topic, which is then taken into the exam with them. During the exam they have 4 activities to complete within a 3 hour period.

During Unit 12, **Supporting Individuals with Additional Needs**, you will focus on:

Why someone may experience additional needs. You will examine how you can overcome the daily challenges to living people with additional needs face. You will also get to investigate current practice with respect to provision for individuals with additional needs. For this unit you will complete a piece of coursework where you need to apply your knowledge and conduct research to link to 2 case studies who have additional needs.

**How you will be assessed:** this is completed by a piece of coursework, split over 2 tasks. The criteria will allow you to achieve a pass, merit or distinction. These will give you points which will accumulate the more units you do.

During unit 5, **Meeting Individual Care and Support Needs**, you will focus on:

Learning and applying knowledge in order to provide the care and support that meets the needs of an individual in a health and social care environment, for this you need to understand the principles and practicalities that are the foundation of all the care disciplines. You will need to consider ethical issues that may arise and challenges the individual may face in order to provide personalised care. You will reflect on the different methods used by professionals working together in a multi-agency team to provide a package of care and support that meets individual needs.

**How you will be assessed:** this is completed by a piece of coursework, split over 2 tasks. The criteria will allow you to achieve a pass, merit or distinction. These will give you points which will accumulate the more units you do.

During Unit 7, **Principles of Safe Practice in HSC**, you will focus on:

When working in health and social care settings, you must have a clear understanding of the duty of care and safe working practices and procedures, and how to promote the safety and wellbeing of service users. Safe working practice is a priority in health and social care. This unit will develop your knowledge and understanding of the key principles relating to safeguarding vulnerable individuals, promoting health and safety, and responding to different situations and emergency incidents in health and social care settings.

**How you will be assessed:** this is completed by a piece of coursework, split over 2 tasks. The criteria will allow you to achieve a pass, merit or distinction. These will give you points which will accumulate the more units you do.

During Unit 8, **Promoting Public Health**, you will focus on:

The different research methods that can be used to gather information and the ethical issues that need to be considered. You will review research carried out into a contemporary issue in the sector, and will develop skills that will enable you to carry out your own secondary research into the issue. You will then consider how the research findings may benefit service users or improve practice, and make recommendations for further research. To complete the assessment task within this unit, you will need to draw on your learning from across your programme.

**How you will be assessed:** this is completed by a piece of coursework, split over 2 tasks. The criteria will allow you to achieve a pass, merit or distinction. These will give you points which will accumulate the more units you do.

# How will this help me progress?

This qualification is generally taken alongside other qualifications as part of a 2-year programme of learning. This will enable learners to progress to a degree programme chosen from a range of programmes in the health and social care sector.

The qualification is intended to carry UCAS points and is recognised by higher education institutions as contributing to meeting admission requirements to many relevant courses. It can be taken alongside, for example:

- an A Level in Biology, which could lead to a BSc (Hons) in Nursing or Midwifery
- an A Level in Sociology, which could lead to a BA (Hons) in Social Work
- a BTEC Certificate in Sport, which could lead to a BSc (Hons) in Physiotherapy
- an A Level in Psychology, which could lead to a BSc (Hons) in Psychology.

It could lead you straight into apprenticeships or university pathways in fields such as:

- **Nursing (Adult, Child, Mental Health, Learning Disability)**
- **Social Work**
- **Midwifery**
- **Occupational Therapy**
- **Paramedic Science**
- **Youth and Community Work**
- **Psychology or Counselling (with additional qualifications)**
- **Health and Social Care Management**
- **Public Health**
- **Play therapists**

Or you can go direct to into any of the following careers:

These roles typically offer entry-level positions where you can gain experience and may require additional on-the-job training:

## **Care Assistant/Support Worker**

- Residential homes, nursing homes, community support, or home care.

## **Healthcare Assistant (HCA)**

- Hospitals, GP practices, or hospices.

## **Social Work Assistant**

- Supporting social workers with casework in areas like child protection, disability, or elderly care.

## **Youth Support Worker**

- Working with young people in community centers, charities, or outreach programs.

## **Mental Health Support Worker**

- Assisting individuals with mental health challenges in supported living or healthcare settings.

## **Nursery Assistant or Early Years Practitioner**

- Working in childcare settings supporting children's development.

## **Community Support Worker**

- Providing practical or emotional support to individuals living independently.

# Summer Transition Project

## Preparing for Health and Social Care at Level 3

Estimated time: 3-4 hours

# Section 1: Human Development Through Life

Create a timeline showing the following life stages:

- Infancy (0-2)
- Early Childhood (3-8)
- Adolescence (9-18)
- Early Adulthood (19-45)
- Middle Adulthood (46-65)
- Later Adulthood (65+)

For each stage identify:

**Physical Development**

Examples:

- Learning to walk
- Puberty
- Growth in height
- Ageing

**Intellectual Development**

Examples:

- Learning language
- Problem solving
- Memory
- Decision making

**Emotional Development**

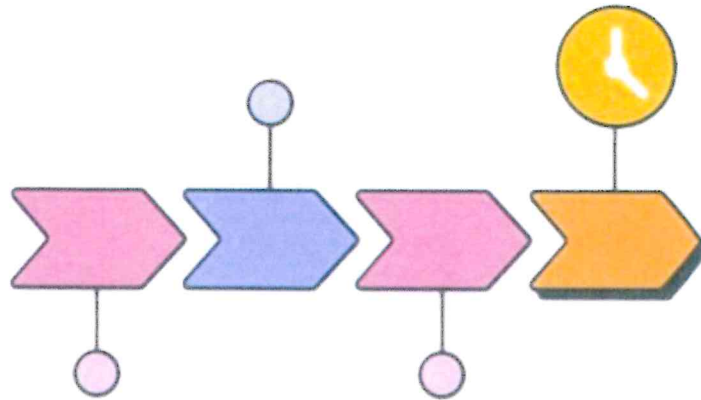
Examples:

- Attachment
- Self-esteem
- Identity
- Managing emotions

**Social Development**

Examples:

- Friendships
- Relationships
- Independence
- Social roles



**Question:**

**Which life stage do you think has the greatest amount of change and why?**

## Section 2: Factors Affecting Health

**Research and explain how the following factors can affect a person's health:**

- Diet
- Exercise
- Smoking
- Alcohol
- Income
- Housing
- Education
- Family support

For each factor:

- Explain what it is.
- Explain how it could improve health.
- Explain how it could damage health.

### **Extended Question:**

Why might two people of the same age have very different health outcomes?

# Section 3: Health and Social Care Professionals

Choose **three professionals** from:

- Doctor
- Nurse
- Midwife
- Physiotherapist
- Occupational Therapist
- Social Worker
- Healthcare Assistant

For each professional:

Professional	What do they do?	Who do they help?	Skills needed

Why is teamwork important in health and social care?

# Section 4: Human Biology Check

This provides a baseline for Unit 2.

## **Task A: Cell Labelling**

**Draw and label:**

- Nucleus
- Cell membrane
- Cytoplasm
- Mitochondria

## **Task B: Organisation of the Body**

Put these in order:

- Cell
- Tissue
- Organ
- Organ System
- Organism

# Section 4: Human Biology Check

This provides a baseline for Unit 2.

## Task C: Body Systems

Complete a table:

Body System	Main Organs	Main Function
Respiratory		
Cardiovascular		
Digestive		
Nervous		

# Section 5: Health Conditions

This provides a baseline for Unit 2.

**Choose ONE condition:**

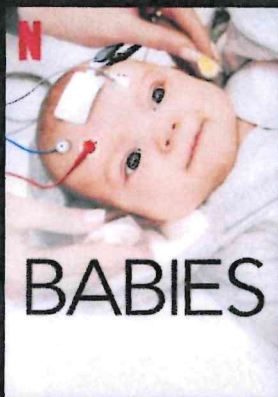
- Asthma
- Diabetes
- Coronary Heart Disease
- Stroke
- Cancer

**Research:**

- What is it?
- Symptoms
- Risk factors
- Treatments
- How it affects everyday life

# NETFLIX

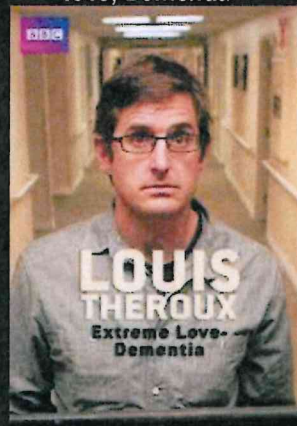
Babies



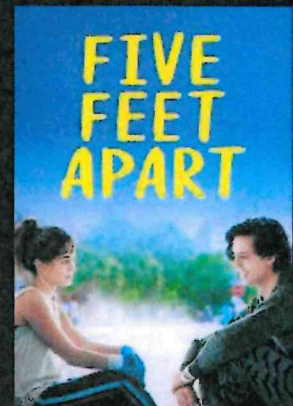
Marriage Story



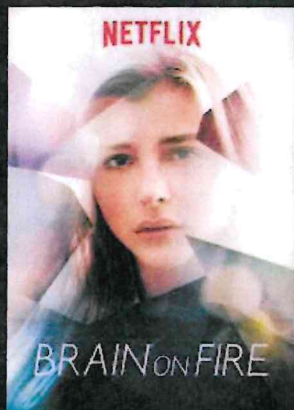
Louis Theroux: Extreme love, Dementia



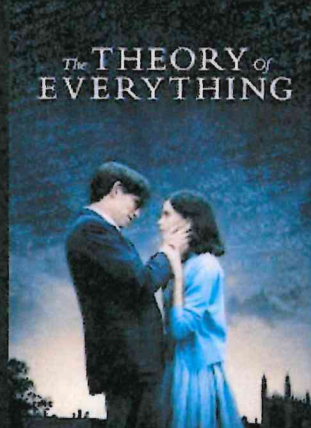
Five Feet Apart



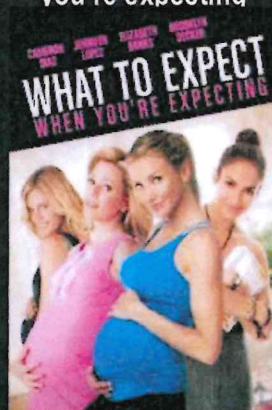
Brain on Fire



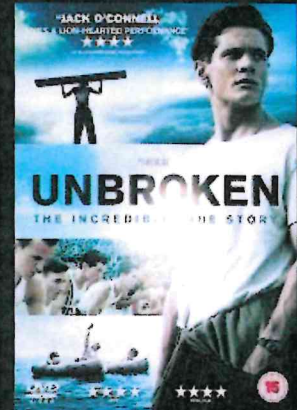
Theory of Everything



What to expect when you're expecting



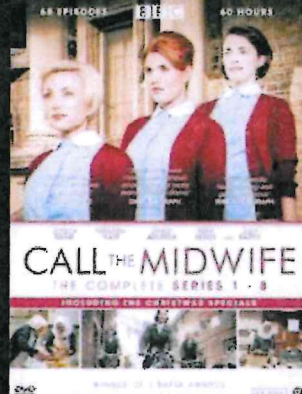
Unbroken



Girl, interrupted



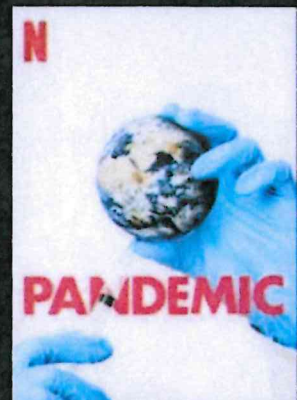
Call the Midwife



13 Reasons Why



Pandemic: How to prevent an outbreak



*Recommended Watching for Health and Social Care*

# Beyond NETFLIX

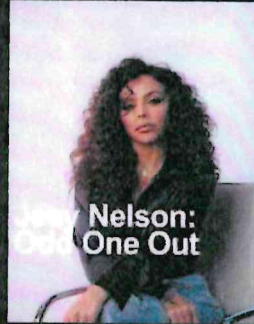
Elizabeth is Missing

Rio & Kate: Becoming a Step family

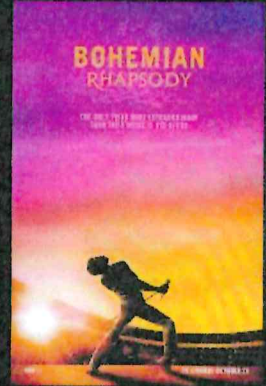
Jesy Nelson: Odd one out

Bohemian Rhapsody

BBC iPlayer



DVD



Confessions of a Junior Doctor

Born to be different

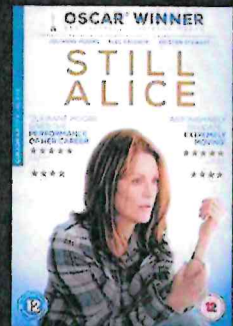
Secret life of... Year Olds

Still Alice

4 On Demand



DVD



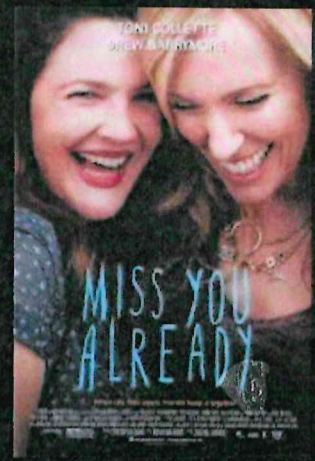
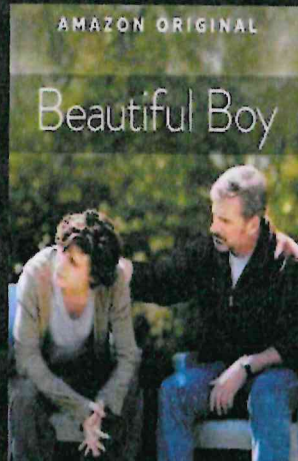
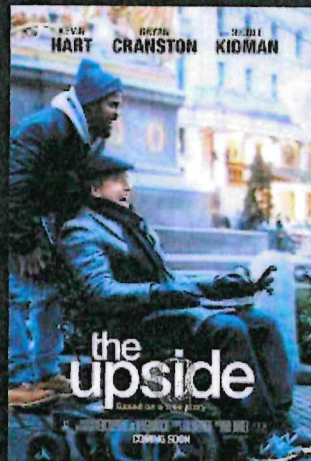
The Children Act

The Upside

Beautiful Boy

Miss you Already

Amazon Prime

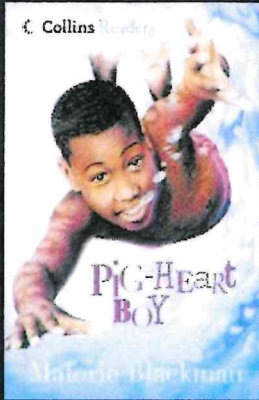




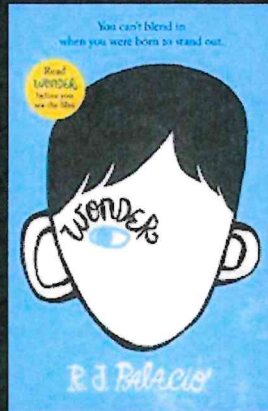
# Beyond NETFLIX

Further Reading

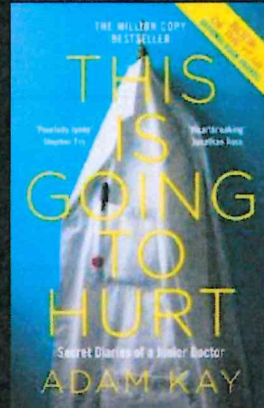
*Pig Heart Boy* by Malorie Blackman



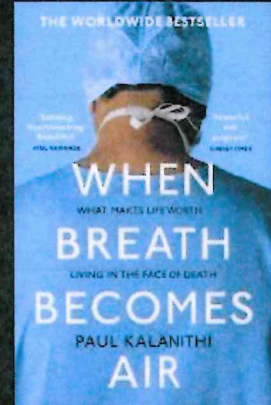
*Wonder* by R.J. Palacio



*This is Going to Hurt* by Adam Kay



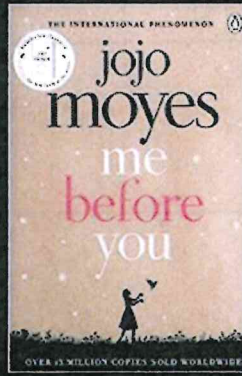
*When Breathe becomes Air* by Paul Kalanithi



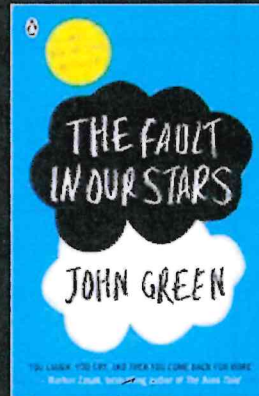
*The Hate U Give* by Angie Thomas



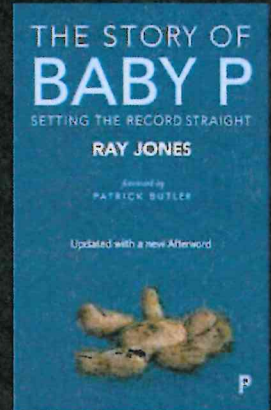
*Me Before you* by Jojo Moyes



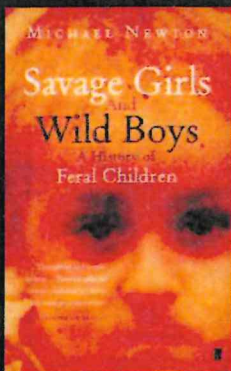
*The Fault in Our Stars* by John Green



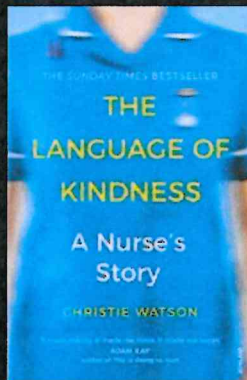
*The Story of Baby P* by Ray James



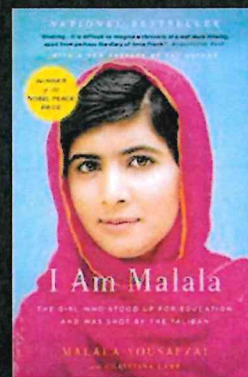
*Savage Girls and Wild Boys* by Michael Newton



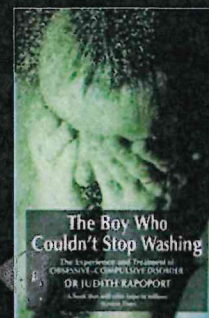
*The Language of Kindness* by Christie Watson



*I am Malala* by Malala Yousafzai



*The Boy Who Couldn't Stop Washing* by Dr Judith Rapaport



*Recommended Reading for Health and Social Care*

*Yes some of these are also films, if you prefer!*



## Calculating your qualification grade

Grades and UMS points for **externally assessed units**, i.e. Unit 1 and 2, are as follows:

Grade	UMS Points
<b>U (Ungraded)</b>	0
<b>N (Near Pass)</b>	6
<b>P (Pass)</b>	9
<b>M (Merit)</b>	15
<b>D (Distinction)</b>	24

Grades and UMS points for **internally assessed units**, i.e. Units 3, 4, 5, 6 and 7 are as follows:

Grade	UMS Points
<b>U (Ungraded)</b>	0
<b>P (Pass)</b>	9
<b>M (Merit)</b>	15
<b>D (Distinction)</b>	24

To calculate your **overall qualification grade**, you will need to add up all your UMS points from Units 1, 2, 3 and optional. The minimum number of points required for each grade are shown in the table below.

Grade	UMS Points
<b>U (Ungraded)</b>	0
<b>P (Pass)</b>	36
<b>M (Merit)</b>	52
<b>D (Distinction)</b>	74
<b>D* (Distinction*)</b>	90

For example, to achieve a Pass, you must have 36 points, to achieve a Merit 52 points, to achieve a Distinction 74 points, and to achieve a Distinction\* 90 points.

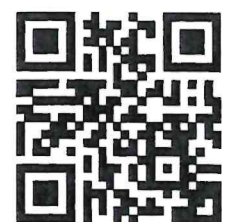
In addition, to obtain any of the four grades that result in certification (P, M, D or D\*) you must have completed all four units; for Units 1 and 2 you must have N (Near Pass) or higher; for Units 3 and optional you must have an outcome (U, P, M or D).

## UCAS tariff points

You should use the UCAS Tariff Calculator for the most up-to-date information on UCAS points available for your qualification grade. However, you can use this table as a guide\*:

AAQ BTEC National Extended Certificate Grade	UCAS Tariff Points	Equivalent A Level Grade for Reference
<b>D*</b>	56	A*
<b>D</b>	48	A
<b>M</b>	32	C
<b>P</b>	16	E

You can view and use the calculator by scanning this QR code.



\*This table was created using the Tariff Points available for RQF Pearson BTEC Level 3 National Extended Certificate in Health and Social Care (for first teaching from September 2016), which is the current equivalent qualification (as of September 2024), as UCAS is yet to publish Tariff Points for the updated AAQ.

